

# 《自主性研究与教学》

## 图书基本信息

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# 《自主性研究与教学》

## 内容概要

《自主性研究与教学》详细介绍了自主性这一概念的定义及历史来源；分类回顾了有关自主性的理论研究和具体应用；通过实例介绍了实践中培养和促进语言学习自主性的一些方法和尝试，就如何促进学习者的自主性为读者提供了诸多可供借鉴之处。自主性，或学习者自我管理自己学习过程的能力，已成为语言教育中的一个重要概念，与自学、远程教育、计算机辅助语言学习，外语培训、课堂教学以及课程设计等诸多教学活动都有关联。《自主性研究与教学》全面系统地介绍和讨论了语言学习中的自主性以及与之相关的教育活动领域。

# 《自主性研究与教学》

## 书籍目录

General Editors Preface Authors Acknowledgements Introduction Section I: What is autonomy? The history of autonomy in language learning Origins of the concept Autonomy and self-access Autonomy and learner training Autonomy and individualisation Autonomy and interdependence Why autonomy? Why now? The two faces of autonomy Autonomy beyond the field of language education Educational reform Adult education The psychology of learning Political philosophy Defining and describing autonomy Levels of control Measuring autonomy Autonomy and culture Control as a natural attribute of learning Self-management in learning Learner agendas in the classroom Control of psychological factors influencing learning The seeds of autonomy Levels of control Control over learning management Control over cognitive processes Control over learning content Conclusion Section II: Autonomy in practice Fostering autonomy Resource-based approaches Self-access Self-instruction and distance learning The effectiveness of resource-based learning Technology-based approaches Computer-assisted language learning The Internet The effectiveness of technology-based approaches Learner-based approaches Learner development and language learning Learner development and autonomy The effectiveness of learner-based approaches Classroom-based approaches Planning classroom learning Evaluating classroom learning The nature of control in the classroom The effectiveness of classroom-based approaches Curriculum-based approaches The process syllabus Examples of curriculum-based approaches The effectiveness of curriculum-based approaches Teacher-based approaches Teacher roles Teacher autonomy The effectiveness of teacher-based approaches Conclusion Section III: Researching Autonomy Research methods and key areas of research Action research Key areas of research Case studies Case study: ethnicity and attitudes towards autonomy Case study: out-of-class learning Case study: reflection Case study: decision making in the process syllabus Case study: language acquisition in autonomous classrooms Case study: developing autonomy Conclusion Section IV: Resources Resources for research and practice Books, journals and newsletters Conferences and workshops Professional associations E-mail lists Web sites Bibliographies Self-access centres References Index

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## 编辑推荐

自主性，或学习者自我管理自己学习过程的能力，已成为语言教育中的一个重要概念，与自学、远程教育、计算机辅助语言学习，外语培训、课堂教学以及课程设计等诸多教学活动都有关联。《自主性研究与教学》全面系统地介绍和讨论了语言学习中的自主性以及与之相关的教育活动领域。本书详细介绍了自主性这一概念的定义及历史来源；分类回顾了有关自主性的理论研究和具体应用；通过实例介绍了实践中培养和促进语言学习自主性的一些方法和尝试，就如何促进学习者的自主性为读者提供了诸多可供借鉴之处。

## 精彩短评

- 1、想研究自学的话，可以看一下。

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