

# 《人性的优点》

## 图书基本信息

书名：《人性的优点》

13位ISBN编号：9787511712011

10位ISBN编号：7511712010

出版时间：2012-4

出版社：中央编译出版社

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页数：431

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## 内容概要

本书汇集了卡耐基的思想精华和最激动人心的内容,是仅次于《人性的弱点》的励志经典,出版后立即获得了广大读者的欢迎,成为西方世界最持久的人文畅销书.他的语言流畅、简洁、精练,是英语学习者非常喜好的材料.

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## 作者简介

戴尔·卡耐基（Dale Carnegie，1888年11月24日 - 1955年11月1日），被誉为是20世纪最伟大的心灵导师和成功学大师，美国现代成人教育之父，20世纪最伟大的心灵导师，美国著名的人际关系学大师，西方现代人际关系教育的奠基人。美国人戴尔·卡耐基利用大量普通人不断努力取得成功的故事，通过演讲和书唤起无数陷入迷惘者的斗志，激励他们取得辉煌的成功。其在1936年出版的著作《人性的弱点》，70年来始终被西方世界视为社交技巧的圣经之一。他并在1912年创立卡内基训练，以教导人们人际沟通及处理压力的技巧。

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But she refused to be pitied , refused to be considered “ different ” , As a child , she wanted to play hopscotch with other children , but she couldn ' t see the markings. So after the other cluldren had gone home , she got down on the ground and crawled along with her eyes near to the marks. She memorised every bit of the ground where she and her friends played and soon became an expert at running games. She did her reading at home , holding a book of large print so close to her eyes that her eyelashes brushed the pages. She earned two college degrees: an A B. from the University of Minnesota and a Master of Arts from Columbia Uruversity.

She started teachmg in the tiny village of Twm Valley , Minnesota , and rose until she became professor ofjournalism and literature at Augustana College in Sioux Falls , South Dakota. She taught there for thirteen years , lecturing before women ' s clubs and giving radio talks about books and authors. “ In the back of my mind , ” she writes , “ there had always lurked a fear of total blindness. In order to overcome this , I had adopted a cheerful , almost hilarious , attitude towards life。 ” .....

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## 精彩短评

- 1、有些编辑错误，，，，，
- 2、很方便携带，就是纸质有点薄
- 3、还没看，但是书是便携式的，出门的时候带在身上挺方便的。
- 4、还没来得及仔细阅读，大略看了一下

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## 精彩书评

1、利用寒假的时间，看完了，很好的一本书。不仅可以学到如何缓解压力，还可以学习英语，一举两得啊！很不错，虽然很多道理我们都知道，但还是需要反复阅读他人的故事，从中看看是否有自己的影子。书中所提的故事都很简洁明了，通俗易懂。适合闲暇时光阅读。

2、 But she refused to be pitied , refused to be considered “ different ” , As a child , she wanted to play hopscotch with other children , but she couldn ‘ t see the markings. So after the other cluldren had gone home , she got down on the ground and crawled along with her eyes near to the marks. She memorised every bit of the ground where she and her friends played and soon became an expert at running games. She did her reading at home , holding a book of large print so close to her eyes that her eyelashes brushed the pages. She earned two college degrees: an A B. from the University of Minnesota and a Master of Arts from Columbia Uruversity.

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## 章节试读

### 1、《人性的优点》的笔记-第一章

前一段时间在书店看到了这本书，然后回来上网淘了。

读了第一章感觉很受启发。

live in a tight-day compartment 不时地提醒我不要过分担心明天将要发生或不发生的事情，做好今天的事情，做到今日事今日毕，不再后悔昨天留下的遗憾，焦虑明天的未知。通过这种心理暗示，最近几天，虽然各种忙碌，也算得上井井有条，没有虚度每天的时光。没有把大把的时光浪费在焦虑上。很好的床头书，值得反复品读，同时还可以提高英语，一举两得。哈哈

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