

# 《心灵鸡汤》

## 图书基本信息

书名：《心灵鸡汤》

13位ISBN编号：9787533720490

10位ISBN编号：7533720490

出版时间：2000-10-1

出版社：安徽科学技术出版社

作者：坎费尔德,汉森

页数：229

版权说明：本站所提供下载的PDF图书仅提供预览和简介以及在线试读，请支持正版图书。

更多资源请访问：[www.tushu000.com](http://www.tushu000.com)

# 《心灵鸡汤》

## 前言

successful businessman traveled to India to spend a month working in one of Mother Teresa's shelters. He longed to meet the tiny nun, but Mother Teresa was traveling, and it wasn't until the day before his departure that he received an audience. When he was finally in her presence, much to his surprise, he burst into tears. All the times when he'd been self-centered, busy or focused on his own gain flashed before his eyes, and he felt an enormous sadness that he had missed so many opportunities in his life to give of himself and his resources. Without a word, Mother Teresa walked over to where he was seated, put her hands on his shoulders and looked deeply into his eyes. "Don't you know," she said, "that God knows you are doing the best that you can." Work is an integral part of our lives, filled with a wide variety of experiences. In writing this book, we received stories from teachers and engineers, carpenters and accountants, artists, managers, housekeepers, chiropractors—and workers from many other professions. Reading these stories, we have been deeply touched by the enormous heart, soul and spirit that people express through their work. Day after day, we all get up every morning, in many cases deal with a busy family, then go to work to spend 8, 10, even 12 hours making our contribution. This is commitment in action.

# 《心灵鸡汤》

## 内容概要

《心灵鸡汤:关于工作(英文珍藏版)》讲述了每个人的人生道路不可能都是一帆风顺的，都会有困惑彷徨、失意痛苦的时候。说得更直接一点儿就是，从我们每个人出生的那一天开始，就注定了要背负起经历各种困难折磨的命运。每当我们困惑、失意的时候，心灵就要承受着巨大的压力与打击。当你在工作中感到压抑、自卑甚至筋疲力尽时，请翻开此书吧。分享那些职场上自我成长，与同事共同经历的精彩故事，相信你会感动，大笑、激情澎湃！

# 《心灵鸡汤》

## 作者简介

作者：（美国）坎费尔德（Jack Canfield） Mark Victor Hansen Maida Rogerson 等 合著者：王金 等

# 《心灵鸡汤》

## 书籍目录

Acknowledgments

Introduction

1.LOVE AT WORK

2.ON CARING

3.THE POWER OF ACKNOWLEDGMENT

4.SERVICE:SETTING NEW STANDARDS

5.FOLLOW YOUR HEART

6.CREATIVITY AT WORK

7.OVERCOMING OBSTACLES

8.ON COURAGE

9.LESSONS & INSIGHTS

## 《心灵鸡汤》

### 章节摘录

插图：But eventually my uniqueness worked to my advantage. The doctors and nurses remembered me. And I reversed the negative halo effect by doing the job better than other people. Along with pharmaceuticals, I sold them Girl Scout cookies and helped the nurses with their makeup. They began to look forward to my coming, not just for the novelty, but because we enjoyed such heartwarming visits. Within two years, I'd broken numerous sales records and was recognized as a Distinguished Sales Representative, formerly an all-white male club. I was looking forward to some hard-earned commission checks when suddenly, the company decided to subdivide the region and hired a handsome blond man to take my place. He would enjoy the fruits of my labor, while I was reassigned to another area that needed a lot of work. At this point, my dream of that cosmetics career with Revlon seemed a million miles away. Discouraged and disenchanted, I picked up and moved to Los Angeles. Then one Sunday, as I searched longingly through the ads in the Los Angeles Times, there it was: a classified ad for a regional manager job with Revlon. I lit up completely and dove for the phone first thing Monday morning. The voice at the other end said that due to overwhelming response, Revlon was taking no more resumes. I was devastated. But then a dear friend said to me, "Marilyn, I know you aren't going to let this job slip through your fingers. Go on down there anyway." Suddenly inspired and determined to turn the challenge into an adventure, I drove down to the Marriott where they were conducting interviews. When I arrived, a desk clerk curtly informed me that there was no way I could get an interview, nor would Mr. Rick English take my resume. I walked away, smiling. At least I now had the name of the man I needed to see.

## 《心灵鸡汤》

### 媒体关注与评论

它不仅仅是心灵的鸡汤，在我看来，对于青年人来说，它甚至不亚于一场色香味俱全的人生盛宴：并非是饕餮的口腹之乐，而是滋补你精神饥渴的佳肴与美酿。让你畅饮人生!畅饮知识!畅饮爱心与大爱之情!如今为了一次演讲，我在江南的霏霏梅雨中吟读它，蓦然回想起昔日在纽约洛克菲勒广场旋旗扬升的早晨，那一抹金晖中，我走出曼哈顿一家书店时，无意中向橱窗一瞥：曾经看到过它多彩的封面。同行的美国教授对我说：“您可能不会看那本小书，不过它的确不错。”我后悔当初没有返回那家书店找到这本书，希望大家不要犯我当年的错误。——北京大学东方文学研究中心特聘教授 方江文

现代人的生活节奏快，压力大，普通百姓又没有时间去看大部头的书籍，《心灵鸡汤》可以给你一份温情，让你在酷暑感到凉爽，在寒冬享受温暖，在春天播下爱的种子，在秋天收获勤奋的果实。我爱《心灵鸡汤》，像爱厨房里新端出的一盘青菜，餐桌上新烧出的一盆老豆腐。愿把《心灵鸡汤》奉献给你的家庭，换来孩子的健康成长，老人的欢声笑语。——南开大学教授 王宏印

《心灵鸡汤》弘扬“真善美”，以“醒心”为己任。书中叙述的一段段人生经历能感动你，催你潸然泪下，因为那些事就发生在你身边，与你息息相关……失恋的人读之能重振对生活的信心，遭受病痛之苦的人读之似服灵丹妙药，孤独的人读之如沐“关怀”的春雨，丧失亲人者读之会感受到来自四面八方的慰藉……它是一扇窗户，让你了解世界：它是一座桥梁，连接你我他……——苏州大学外国语学院教授 方华文

《心灵鸡汤》之所以能拨动人的心弦，是因为书中的话语全来自灵魂深处，是“肺腑之言”!人与人之间的隔阂与冷漠必须靠这种“真情”打破和消除——如此，人世间便会温情涌动、冰山消融……读了书中动人的故事，凡是有良知的人，其内心不可能不受到触动——《心灵鸡汤》之功大矣!——商务印书馆《英语世界》主编 魏令查

# 《心灵鸡汤》

## 编辑推荐

《心灵鸡汤:关于工作(英文珍藏版)》：独家引进,全球畅销亿万册。《纽约时报》畅销书NO.1。多次荣获“全国优秀畅销书”称号国家九部联合举办的“中华全民读书书目推荐活动”入选图书。

## 《心灵鸡汤》

### 精彩短评

- 1、到货很及时，书本质量很不错，希望读完感觉还是这么好，然后再买几本，嘿嘿
- 2、利于提高阅读 值得拥有
- 3、书的内容很喜欢，很励志。不满意的是书的封面被折了个角，看上去像是二手的！失望！
- 4、只是工作中的一些感动的细节，能达到鼓励工作、提升激情似乎对我没什么效果；有点看不下去，至少不是特别吸引人。
- 5、还没有读完，不错，陶冶一下心智
- 6、内容不错，但看着不像正版，不太满意
- 7、是正版，而且里面自提清晰，以前进别的网站，老是买假的或者发黄的给我，亚马逊的，绝对赞
- 8、每晚看一些,洗刷自己的心灵
- 9、字体清晰 纸张不错 是正品
- 10、正版！经常在当当上买书，质量没得说
- 11、总体来说服务还算满意
- 12、很少看，唉，原谅我吧
- 13、居然是第一个写评论的，小激动一下。这个书的质量比其他心灵鸡汤系列都好一些。故事都很短，不过还是很有启迪的，心灵鸡汤一直是我很喜欢的一套书，很有启发的。长大了，更需要真善美
- 14、精练的小故事，很好的阅读材料
- 15、好不容易找到这本英文版。现在国内一般书店只有中文的。
- 16、心灵鸡汤系列的书都是小故事，有时间每天读个1篇2篇还是很不错的，因为是故事，能学到很多形容词
- 17、心灵鸡汤是我们写作老师推荐看的，虽然写得都是美国人写的自己的故事，但其实无论是哪里的人，人生中总是会有很多共同遭遇的。所以，不用担心这本美国治愈系的书治愈不了中国人的心灵。里面的小故事看起来不费力，很贴近生活，值得一看。
- 18、IT ' S MY FAVORITE ! I ENJOY THE STORIES IN THE BOOK.
- 19、如果纯粹是为了寻找励志故事，推荐买心灵鸡汤:美梦成真10年精华本，毕竟是精选集，装帧质量都没得挑。如果是为了收集珍藏，个人零零散散买了一些不同分类的心灵鸡汤，看多了觉得内容大同小异。关于质量，这一套英文珍藏版比之前的平装本好了很多

# 《心灵鸡汤》

## 版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:[www.tushu000.com](http://www.tushu000.com)