

《大学英语学习方法一本通》

图书基本信息

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内容概要

《一本通大学英语学习方法》主要讲述了：大学英语学习是不是仅限于课本？答案无疑是否定的。但需要明白，以课本为基础的学习是应付考试的最直接有效的途径。本末倒置则大违学习之道。听说读写，相辅相成，灵活变通，寓学于乐。即使是在象牙塔这个简单世界里，英语也能给你带来诸多机会和乐趣。比如，校园英语电台，英文诗社、剧社，与国外的朋友聊天，就连电脑、手机、游戏甚至生活用品上也爬满了英文。与英语斗，其乐无穷。

虽然我们是大学生，但依旧逃脱不了考试的魔爪，且不论一年两度的英语期末考试和穿插于学习生活中的英语竞赛、英语征文等，每年两度的四、六级考试更是来势汹汹，绝对是我们不得不面对的关卡。它不仅是顺利毕业的必经关隘，也是就业之路的必备通行证。其中利害，不言自明。这就是为什么四、六级历来是引无数才子佳人竞折腰的经典战役的根本原因。所以及早重视这项考试，端正态度，改进方法才是上上之策。

在大学本科毕业生遍布大江南北的形势下，考研也将是大学生们不得不面对的未来选择。众所周知，考研英语的难度，通常更在六级之上；每年英语国家分数线在50分左右，其难度可想而知。很多专家直言：考研真正比拼的是英语，考研的梦想与现实之间只有一线（英语国家线）之隔。

不难看出，对于英语的付出是不可逃避的。英语学习也绝非一朝一夕之功，巧在方法，重在积累，贵在坚持。

很多学子往往用了四年的时间苦苦追寻一个合适的答案——大学如何学英语？作为《一本通大学英语学习方法》的读者，你是幸运的，因为它会为你的大学英语学习指点迷津，告诉你种种学习英语的方法、技巧与工具，为你的英语学习节省时间，提高效率，增强信心。

英语学习没有捷径，但有方法。好的方法会让你收到事半功倍的效果；而如果方法错误，越努力只会让你越失败。很多时候，你不成功并不是因为努力不够，而恰恰因为太过努力，却适得其反。在相同的时间里，你比别人获得的知识越多，你就比别人更有优势，就越具有竞争力，尤其在当今激烈竞争的时代。

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书籍目录

Part 大学英语——学习方法大学英语综论College English 为什么要必须学好大学英语 大学英语的真相：秘论可取吗听力快车Listening Express 大学英语听力：为什么听不懂 英语美语词汇差异 三个月打通耳脉，爱上英语 你没有意识的听力坏习惯 国外学生听的英语news 影视中的英语世界口语论坛Speaking Forum 大学校园：讲英语你会脸红吗 用听力攻克口语 几种方法轻松说native口语 流畅美音PK清雅英音 每日清晨的口腔warm-up操 地道语音、语调潜规则 口语练习中的误区 含着棒棒糖，练Tongue Twister Practice makes perfect一首诗练习所有英语发音阅读部落Reading Corner 大学英语阅读：不知不觉中，你落后了 新解名人读书法 中学生式阅读的妙处 读万卷书，行万里路 欣赏外国人眼里的美文写作地带Writing Zone 大学英语写作：不能说的秘密 三大能力生妙文 闪光作文：一闪一闪亮晶晶 赏大家书信，学定作秘诀 写作误区点拨 扔掉作文的垃圾词汇单词魔坊LV (Large Vocab) Workshop 如此记单词，永无出头日 破解英语单词的基因 大学英语单词记忆法集萃 英文里有趣的单词 五颜六色话词汇 经典常用词根、词缀语法驿站Grammar Station 英语很牛吗，检验一下自己的语法 语法学习外传 大学英语易错语法点曝光 不用than的比较级表达 巧记英语形容词排列顺序

Part 大学英语——考试通关大学英语考试 最新四级真题体验 英语四六级，大学里的“高考” 阅读速度与正确率的博弈 四六级作文高分真经 四六级翻译节常考要点归纳 你的弱点，改错题的考点 三次考四级不过后，我恍然大悟 网络版：我与英语四六级的故事英语专业考试 专四专八，离我们有多远 专四语法题常考点 专四词汇题点拨 专四note writing写作指导 专八人文常识备考 专八改错真题大体验考研英语 最新考研英语真题体验 考研英语，难死爱你 考研英语阅读：专题词汇 考研英语阅读真题来源大揭秘 考研英语翻译四步成文 考研英语复试听力与口语全攻略海外留学考试 留学海外五个常见问题 留学必知之话言测试 托福PK雅思 留学必知之专业考试 留学必知之程序 留学必知之奖学金 海外生活最关心的几个问题 附录新生报到前的十项准备大学英语之衣食住行大学英语常用网站各国名校专业选择英语学习Smart计划

章节摘录

Hire Advantage At a time when hiring qualified people is becoming more difficult, employers who can eliminate invalid biases (偏见) from the process have a distinct advantage. My company, Mindsets LLC, helps organizations and individuals see their own blind spots. A real estate recruiter we worked with illustrates the positive difference such training can make. "During my Mindsets coaching session, I was taught how to recruit a diversified workforce. I recruited people from different cultures and skill sets. The agents were able to utilize their full potential and experiences to build up the company. When the real estate market began to change, it was because we had a diverse agent pool that we were able to stay in the real estate market much longer than others in the same profession."

Blinded by Gender Dale is an account executive who attended one of my workshops on supervising a diverse workforce. "Through one of the sessions, I discovered my personal bias," he recalls. "I learned I had not been looking at a person as a whole person, and being open to differences." In his case, the blindness was not about culture but rather gender. "I had a management position open in my department; and the two finalists were a man and a woman. Had I not attended this workshop, I would have automatically assumed the man was the best candidate because the position required quite a bit of extensive travel. My reasoning would have been that even though both candidates were great and could have been successful in the position, I assumed the woman would have wanted to be home with her children and not travel." Dale's assumptions are another example of the well-intentioned but incorrect thinking that limits an organization's ability to tap into the full potential of a diverse workforce. "I learned from the class that instead of imposing my gender biases into the situation, I needed to present the full range of duties, responsibilities and expectations to all candidates and allow them to make an informed decision," Dale credits the workshop, "because it helped me make decisions based on fairness." Year

of the Know-It-All Doug is another supervisor who attended one of my workshops. He recalls a major lesson learned from his own employee. One of my most embarrassing moments was when I had a Chinese-American employee put in a request to take time off to celebrate Chinese New Year. In my ignorance, I assumed he had his dates wrong, as the first of January had just passed. When I advised him of this, I gave him a long talking-to about turning in requests early with the proper dates. He patiently waited, then when I was done, he said he would like Chinese New Year off, not the Western New Year. He explained politely that in his culture the new year did not begin January first, and that Chinese New Year, which is tied to the lunar cycle, is one of the most celebrated holidays on the Chinese calendar. Needless to say, I felt very embarrassed in assuming he had his dates mixed up. But I learned a great deal about assumptions, and that the timing of holidays varies considerably from culture to culture.

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媒体关注与评论

学习方法：听力、口语、阅读、写作立体全能特训，单词记忆方法集萃，语法复习巩固提高。

考试过关：四六级、专四专八、考研英语轻松备考雅思、托福、GRE等留学考试全程关注。 识
字不可强记。得其句中用法，自然容易记得。 --当代学者、语言学家 林语堂 一般人查词
典为了弄懂单词的意思，而钱钟书却把词典当作有趣、消闲的读物。他把厚重的大词典按字母逐条细
读；在漫长的旅途上，他手捧一本别人认为"索然寡味"的英文词典，怡然自得地读了一个月：在去英
国的轮船上，他以Johnson博士的《英语词典》为伴，深得其乐，自称：趣味之深，有不足外人道者。

--当代著名作家钱钟书词典学习法 英语学习需要有pressure和pleasure的结合。 --《英汉大
词典》主编 陆谷孙 学好大学英语，要有"三多"精神--多听英文广播，多读英文报刊，多用英
文表达。 --考拉进阶英语研究院院长 高煜

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精彩短评

- 1、 偶遇此书，看完之后真的是受益匪浅，强烈推荐！！
- 2、 有帮助 很好
- 3、 较好,但内容较空
- 4、 很全面。。。。。。。。。。
- 5、 怎本书很好、值得一看、、、
- 6、 这本书教会了我一系列关于学好英语的全新方法，起到了一个启蒙的作用，对我来说意义非凡
- 7、 里面的方法都很实用的，赞！
- 8、 大学英语学习方法值得学习！！！！
- 9、 对于英语学习有一定帮助

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