图书基本信息

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作者:程莘农

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前言

The science of acupuncture and moxibustion is an important part of traditional Chinese medicine. For thousands of years the Chinese people have appreciated it for its nonpharmaceutical treatment, simple application , wide range of use , good cura-tive effect , and IOW cost. As part of Chinese science and culture acupuncture and mo~bustion have longbeen known in the world as a result of cultural exchange between China and othercountries. However, a global interest in acupuncture and moxibusfion and special en-thusiasm for the subject have been growing in the past dozen years. To offer furtherservice to the other people and help acupuncture and moxibustion enrich the worldSscience and culture, the Ministry of Health of China established three international acupuncture training centres in research institutes and colleges of traditional Chinesemedicine in Beijing, Shanghai and Nanjing with the suppo~of the Office of the West - em Pacific Region of the United Nations 'World Health Organization. More than 1, 000 foreign students from 120 countries and redons have been trained there in less thanten years. With their strong thirst for knowledge these students were not satisfied with their basic understanding and SOUght more detailed information. To meet their needs, the three training centres have organized advanced training and research courses. Chinese Acupuncture and Moxibustion|the textbook for these advanced courses, was compiled by the three training centres, under the supervision of the Ministry of Health, in accordance with their teaching programme, acupuncture theory and clinical experiences. Professor Cheng Xinnong, well-known specialist of Chinese acupuncture and moxibustion, headed the editorial board for the compilation of this book. Both the Chinese and English editions of Ch: inese Acupuncture and Moxibustion were examined and revised by a number of specialists before publication.

内容概要

《中国针灸学(英文版)》内容简介:Acupuncture and moxibustion are indispensable parts of traditiona[Chinses medicine in the prevention and control of disease.Since the founding of the People's Republic of China these arts have beendeveloped and are highly regarded by the international, academic community. Based upon Essentials of Chinese Acupuncture, used as a textbook by the International. Acupuncture Training Centers in Beijng, Shanghai and Nanjing, Chinese Acupuncture and Moxibustion incorporates the rich experience of class teaching and clinical, practice and the results of acupuncture research, retaining the characteristic features ofthe traditional theory of acupuncture and stressing the integration of theory and practice. The book consists of eighteen chapters and four appendices. Chinese Acupuncture and Moxibustion was compiled by the International Acupuncture Training Centers and Acupuncture Institute of China, Academy of Traditional. Chinese Medicine, on commission of the Ministry of Public Health. It is published by Foreign Languages Press and distributed by China International Book Trading Corporation.

书籍目录

Preface to the Revised EditionPrefaceChapter 1 A Brief History of Chinese Acupuncture and MoxibustionChapter 2 Yin-Yang and the Five IlementsChapter 3 The Zang-Fu OrgansChapter 4 Qi, Blood and Body FluidChapter 5 The Meridians and CollateralsChapter 6 An Introduction to Acupuncture PointsChapter 7 Acupuncture Points of the Taiyin and Yangming MeridianChapter 8 Acupuncture Points of The Shaoyin and Taiyang MeridiansChapter 9 Acupuncture Points of Jueyin and Shaoyang MeridiansChapter 10 Acupuncture Points of the Governor and the Conceptior Vessels and the Extra PointsChapter 11 Aetiology and PathogenesisChapter 12 Diagnostic MethodsChapter 13 Differentiation of SyndromesChapter 14 Acupuncture TechniquesChapter 15 Moxibustion and Cupping MethodChapter 16 A General Introduction to Acupuncture TreatmentChapter 17 Internal DiseasesChapter 18 Gynecological and Other DiseasesEar Acupuncture TherapyAcupuncture AnalgesiaBibliographyStandard Nomenclature of the Acupuncture Points of the Fourteen MeridiansCross Index of Acupuncture Points (Pinyin)Index

章节摘录

1.THE ORIGIN OF ACUPUNCTURE ANDMOXIBUSTION Acupuncture and moxibustion are im-portant inventions of the Chinese nation and originated as early as in the clan commune period of primitive society. The activities of human beings appeared in China about L700, 000 years ago. It was about 100, 000 years ago that China entered the clan corn-mune period which 1asted till 4, 000 yearsago. In the ancient 1 iterature there were manylegends about the origin of acupuncture and moxibustion sgch as Fu Xis creation of thetherapeutic techniques with stone needles, and Huang Dis invention of acupuncture and moxibustion. The above-mentioned Fu Xi and Huang Di in legend actually arethe representatives of the clan commune of primitive society. classics of two thousand years ago, it was frequently cited that the acu, puncture instruments were made of stone and were named bian stone. For example, in Commentary on the Spring and Autumn An-nals, there is a paragraph in historical recordsfor 550 B.C.saying: H Praise pleasant to hearthat does an ill turn is worse than advice unpleasant to hear that acts like a stone? Fu Qian in the second century explained that "stone "here meant bian stone. Quan Yu-angi who lived around the 5th-6th centuries pointed out: "Bian stone is an ancient appli ance for external treatment and was known by three names: 1.needle stone; 2.bian stone; 3.arrow.headed stone. In fact, they are the same thing. Because there was no iron cast-in 2 in ancient times, the needles were made of stone} This is correlated with the fact that the stone instruments were extensively used in the primitive society. Primitive period in China was divided into two stages, the Old Stone Age (from remote antiquity to 10 , 000years ag01 and the New Stone Age (from10, 000-4, 000 years ago). In the Old Stone Agethe ancestors knew how to use stone knivesand scrapers to incise an abscess, drain pusand let blood out for the rapeutic purposes. With the accumulation of experiences the in-dications of the treatment by bian stone were gradually increased. In the New Stone Agebecause of the improvement in their tech-nique of stone manufacturing, the ancient people were able to make bian stone as a special tool with more medical usage. In China, a bian stone needle 4.5 cun long was discov-ered in the New Stone Age ruins in Duolun County of Inner Mongolia. At one end , itis oval-shaped with a semicircular edge used for incising boils and abscesses, and at the other end, it is pyramid-shaped with a square base used for bloodletting. Two more bian stones were discovered as funer, any objects in a late New Stone Age grave in Rizhao County of Shandong Province. They are 8.3 cm and 9.1 cm in length respectively: with three edged and cone-shaped ends used for bloodletting and regulating gi cir-culation. The discovered relics of bian stone have provided powerful evidence that acu-puncture originated early in the primitive society. According to the records of Chapter 12 of Plain Questions: "The treatment with bian stone needle originated in the east coast of China where the inhabitants lived on fishery: and moxibustion originated in the north where the people subsisted on animal husbandry. Because it was cold and windy in the north-em areas, people had to warm themselves by fire. Living in camps and subsisting on milk , they easily suffered from abdominal pain and distension by cold, suitable to be treated by heat. Through long-term accumulation of experiences, moxibustion therapy and hot compression were created."

精彩短评

- 1、很难才找到这本书,太好了
- 2、满喜欢,朋友还喜欢,内容有图片解释很好的,可以容易了解针灸。
- 3、我是针灸学博士,这本书并不是逻辑条理很清楚,觉得不值这个价钱
- 4、百科全书式地讲解了各个穴位,对于治疗疾病和穴位研究都很有帮助
- 5、学习英语又学中医,一举两得
- 6、这是我在当当上最快到货的一次购物了。书不错,正是我想要的。
- 7、值得好好好学习。
- 8、传统的针灸学,让国外朋友学习,发扬光大,在当当买,便宜、实惠、放心,完全正版的图书,值得外国朋友购买学习!
- 9、此书的对中医针灸的各方面都论述得很详细,是难得的全英针灸工具书,可是纸质不是很好。

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