

# 《中国西藏旅游指南》

## 图书基本信息

书名：《中国西藏旅游指南》

13位ISBN编号：9787508503745

10位ISBN编号：7508503740

出版时间：2003-11

出版社：五洲传播出版社

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页数：203

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## 前言

Tibet Autonomous Region is gifted with grand natural scenery and diversified cultural heritage, which bestow the region with rich tourism resources. It is hard to count how many number-ones that Tibet has when compared with the rest of China, or in Asia and the whole world. Tibet has three world cultural heritage sites, five 4A-grade State tourism regions ( or spots ) , three State nature reserves, one State scenic region, one State forest park and one State geological park, the historical and cultural famous city of Lhasa and over 100 cultural relic protection units. Tibet fascinates tourists from home and abroad with its grandiose natural scenery, vast plateau landscape, charming holy mountains and sacred lakes, numerous ancient architectures and unique folk cultures. Tibet Autonomous Region lies in the southwestern part of China, at a geological location within 26°50' - 36°53' north latitude and 78°25' - 99°06' east longitude. Covering an area of over 1.2 million square kilometres, the autonomous region takes up about one-eighth of China. Among all the provinces and autonomous regions of the country, Tibet is the second largest following the Xinjiang Uygur Autonomous Region. Its area equals the combination of Great Britain, France, Germany, the Netherlands and Luxembourg. To the north, it neighbours Xinjiang Uygur Autonomous Region and Qinghai Province; on the east and southeast, it is adjacent to Sichuan and Yunnan provinces; on the south and west, it borders Myanmar, India, Sikkim, Bhutan and Nepal, as well as Kashmir on a border line of 4,000 kilometres stretching from east to west. Tibet Autonomous Region has six regions: Shannan, Nyingchi, Ngari, Xigaze, Nagqu and Qamdo. Besides the two cities, Lhasa ( prefecture level ) and Xigaze ( county level ) , there are 71 counties in Tibet. Some of the famous cities or towns in Tibet include Zetang, Bayi, Nagqu, Qamdo, Shiquanhe, Gyangze, Zhangmu and others. The capital of Tibet Autonomous Region is Lhasa.

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## 内容概要

西藏自治区具有气势磅礴的自然景观和风情万千的人文景观，自然旅游资源和人文旅游资源都极为丰富。西藏的“世界之最”、“亚洲之最”、“中国之最”多得让人一时难以尽述。拥有世界文化遗产3处，国家4A级旅游景区（点）5处，国家级自然保护区3处，国家级风景名胜区1处，国家森林公园和国家地质公园各1处，历史文化名城拉萨以及文物保护单位100多处。恢弘的自然造化，旷寥的高原景色，迷人的名山名水，众多的古刹古迹，独特的民族风情和民族文化，令海内外众多游客心醉神迷，流连忘返。《中国西藏旅游指南》能指导你游遍每一个地方、每一个角落。

## 书籍目录

Preface I Richly gifted natural tourism resources (I) Geological and topographic tourism resources 1. Mountain landscape 2. Karst feature landscape 3. Clay forest landscape 4. Glacier landscape (II) Water tourism resources 1. Rivers scenery 2. Lakes scenery 3. Springs scenery 4. Waterfalls scenery (III) Meteorology and climate tourism resources (IV) Animal and plant tourism resources 1. Plant tourism resources 2. Animal tourism resources (V) Nature reserves II Unique cultural tourism resources (I) Ruins of prehistoric lives (II) Ancient architecture 1. Palaces 2. Tombs 3. Ruins of ancient architecture 4. Old manors of nobles 5. Monasteries (III) Horticultural gardens 1. Norbulingka 2. Zongjolukang (Dragon King's Pool) (IV) Scenic regions (V) Folk customs 1. Dress, food, shelter and transportation 2. Etiquette and customs 3. Major traditional festivals (VI) Folk art and religious art 1. Plastic arts 2. Performing arts (VII) Traditional science and technology 1. Tibetan calendar 2. Tibetan medicine 3. Architectural technology 4. Hardware technology 5. Textile technology (VIII) Religion (IX) Museums III Tourism regions, major tourism cities and towns Distribution and introduction of tourism regions 1. Lhasa——Most concentrated tourism spots 2. Xigaze region——Most comprehensive natural natural landscapes 3. Shannan region——Fertile lands of Tibet 4. Nyingchi region——Fertile lands of Tibet 5. Qamdo region——Land of treasures in eastern Tibet 6. Nagqu region——Closest to the Heaven 7. Ngari region——Ridge of the World's Ridges IV Tourism transportation and major travel routes (I) Introduction of Tourism transportation ..... V Tibet on map Appendix

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## 章节摘录

插图：

# 《中国西藏旅游指南》

## 编辑推荐

本书以英文的形式介绍了西藏旅游情况，介绍其地质、地貌、水体、自然保护区等自然旅游资源，并提供旅游线路。

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