

# 《地中海烹饪》

## 图书基本信息

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## 内容概要

Join us on a culinary journey to delightful Tunisia, where the scent of jasmine wafts around the welcoming table, where spicy tagines and the freshest salads, broiled meat dishes and an abundance of vegetarian creations prepared from sun-ripened vegetables and delicious grains are served! Sample Tunisian squid salad, stuffed sardines, and couscous paella, and round off your meal with an irresistible dessert - perhaps some mouth-watering date balls? Twelve master chefs present their favorite recipes in this book, accompanied by interesting background information on the traditions and peculiarities of their native cuisine, describing what ingredients and spices are the most widely used, and how they are combined to add their incomparable aromas to these dishes. The step-by-step guides to these wonderful creations can easily be followed by amateur chefs at home, combining recipes to devise individual menus. Let the authentic dishes in this book inspire you - and add a wonderful new note to your everyday cuisine!

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## 书籍目录

List of Recipes  
Hot & Cold Appetizers  
Soups & Tagines  
Couscous & Pasta  
Fish & Seafood  
Meat & Ragouts  
Desserts & Pastries  
The Chefs

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