

《Simple Suppers 巧做晚餐》

图书基本信息

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内容概要

A comprehensive guide to cooking straightforward, no-fuss food. Juggling today's busy lifestyle of family, home and work is hard enough, and when you have to provide a meal every night as well the task can be quite daunting. This is where "Simple Suppers" is invaluable, providing great, straightforward recipes suitable for any occasion, whether it's a simple, speedy supper or a delicious meal to entertain friends. Using basic, easy to find ingredients, this book allows you to limit your cooking time without compromising on quality. The simple, step-by-step recipes offer detailed information for beginners but also enough variety to interest the experienced cook. The introduction helps identify some essential store cupboard staples that will help you save time and enable you to knock up a tasty meal within minutes. A comprehensive guide to cooking straightforward, no-fuss food, "Simple Suppers" will help you to provide delicious food with the minimum of effort.

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书籍目录

Hygiene in the Kitchen Herbs & Spices Light Bites Quick Mediterranean Prawns Thai Fish Cakes Fried
Whitebait with Rocket Salad Hot Tiger Prawns with Parma Ham Warm Swordfish Nicoise Mixed Salad with
Anchovy Dressing & CroUtons Crispy Prawns with Chinese Dipping Sauce Fresh Tuna Salad Sweet & Sour
Spare Ribs Chinese Leaf & Mushroom Soup Crispy Baked Potatoes with Serrano Ham Bacon & Split Pea
Soup Soy-glazed Chicken Thighs Cheesy Chicken Burgers Chicken & Pasta Salad Tortellini Cherry
Tomato & Mozzarella Skewers Panzanella Mozzarella Frittata with Tomato & Basil Salad Bread & Tomato
Soup Chinese Omelette Rice & Tomato Soup Potato & Fennel Soup Main Meals Mediterranean Fish Stew
Pea & Prawn Risotto Gingered Cod Steaks Sardines with Redcurrants Hot Salsa-filled Sole Zesty
Whole-baked FishVegetarianDinner Parties Entertaining Puddings Desserts Index

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