

# 《10分钟搞定一顿饭Just 10 Mi》

## 图书基本信息

书名：《10分钟搞定一顿饭Just 10 Minutes》

13位ISBN编号：9781405487757

10位ISBN编号：1405487755

出版时间：2007-1

出版社：Parragon

页数：176

版权说明：本站所提供下载的PDF图书仅提供预览和简介以及在线试读，请支持正版图书。

更多资源请访问：[www.tushu000.com](http://www.tushu000.com)

# 《10分钟搞定一顿饭Just 10 Mi》

## 内容概要

It's a simple fact that many of us would like to enjoy home-cooking but don't always have time to cook complicated, time-consuming recipes. Help is at hand, however, in Just 10 Minutes. If you are unable to spend a lot of time in the kitchen, but enjoy fresh, tasty wholesome food and creative cooking, then the recipes in this book are for you. Even though they take just ten minutes or less to make, each recipe is full of flavour and goodness. There's no fiddly preparation, elaborate trimmings, or fancy garnishes in any of these dishes - just uncomplicated delicious food that looks and tastes fabulous. Beautifully illustrated with full-colour photography, all the recipes in this book are written in easy-to-follow, step-by-step instructions, and are simple to prepare and cook. So get cooking and see how easy it is to create these quick and tasty meals.

# 《10分钟搞定一顿饭Just 10 Mi》

## 书籍目录

Introduction Meat Poultry Seafood Egg & Cheese Vegetarian Fruit Desserts Index

## 《10分钟搞定一顿饭Just 10 Mi》

### 精彩短评

1、我买了送给一个男性朋友作为生日礼物。简单易操作，材料在上海都可以买到。

# 《10分钟搞定一顿饭Just 10 Mi》

## 版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:[www.tushu000.com](http://www.tushu000.com)