

# 《現實世界的誘惑術(繁體版)》

## 图书基本信息

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# 《現實世界的誘惑術(繁體版)》

## 內容概要

最近幾年，我看到過很多關於提升男人在女性面前魅力的書籍，或是語音資料，培訓班。誠然，這些書籍或語音教程會對你有幫助。但大部分這樣的書籍，卻培養出你錯誤的框架（很快，我會告訴你們真正把妹的框架是什麼和這種框架的重要性。）

這本書與眾不同，它不僅告訴你如何把妹，它更教會你如何成為女人的獎品，讓美女來追逐你。

成為女人的獎品，讓她們反過來追你，而不是僅僅和她們上床，不要那顯得麼初級。（如果你的目標就是和女人上床，那麼我建議你去趟泰國，那裡有成批的妓女）。OK，如果你認同我，你所想要的不僅僅是和女人上床，而更希望掌握讓美女視你為獎品而追你的技巧，那麼請看完此書。

我相信本書的部分讀者也看過其他約會大師提到關於成為女人的獎品的重要性。問題就是大多數約會大師只教會了這個遊戲的規則--女人是你的獵物，而你作為獵人要想盡方法去誘捕這個獎品（美女們）。他們對遊戲的定義就暗示了，男人需要去追求，最終贏得美女的認同。試圖去贏得女人，就暗示了女人是你的獎品。如果你抱著女人是你遊戲的獎勵的態度去把妹，你怎麼可能成為女人眼中的獎品？顯然不可能。

那麼答案是什麼？停止那種追求的遊戲，而讓女人來追求你--你是她們的獎品。

我說的獎品是指在情感上徹底讓女人拜服於你，她不得不開始她的遊戲規則，來追求你。

簡單的說，這就是這本書將要講授的內容。

OK，我們開始吧！

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## 精彩短評

- 1、2012.2.2 一天读完,看不正经的书就是快啊.和杂耍人的理论很相似,不过是杂耍人要看重EV,而swingcat看中frame.我更喜欢frame,但是觉得可以和EV互补,而frame+ev+prize正是迷男M3架构的互补。
- 2、看到后面有作业
- 3、you are the prize.However,it's not easy to be the prize
- 4、重新做人
- 5、教男人泡妞的书,感觉有点理想然,不切实际。。。
- 6、教你诱惑女孩
- 7、虽然没有实践过,但是毕竟提高了一个认识级数啦!
- 8、思路是非常好的,不过技巧上似乎并不适用于亚洲人。
- 9、几大圣经之一
- 10、还是想清楚自己要做什么人,然后一步步实现它就好了,技巧永远是细枝末节
- 11、实习
- 12、大量例子,虽然国情不同但还是可以作为借鉴看看。看完后印象最深的就是所谓的推拉技巧。
- 13、没看完。核心要义是:你很优秀,你是他的奖品,你的强标准他不符,而你很守原则。他在用你所要的行动赢取你,70%的情况下你让他处于赢取你的饥饿状态,30%的关键时段他能得到他想要的(间歇性奖励)。要设计包含你DHV的故事,而故事的主题不是你的DHV,你没有在炫耀,相反,你轻描淡写自身优势。如何讲自己的故事?过渡:“你让我想起了……”;表达对对方故事的强烈看法:“我非常……我曾经……”
- 14、更注重心态也就是奖品性。几本书都是有自己的局限性,作为阔宽思维正好合适。比约会倍增术要细致的多。
- 15、写得头头是道!把自己当奖品,度把握的不对很容易变成浮夸王
- 16、不要一味地追求技巧,适合自己最重要。
- 17、想清楚自己要做什么人,然后一步步实现它就好了,技巧永远是细枝末节
  
- 18、不必按部就班,也不能按部全班
- 19、不能生编硬套
- 20、这本书也写的不错,可以作为《迷男方法》的补充之用

## 精彩书评

1、 \* Chapter 1 : the goal of seduction is not to get girls laid, but to make them treasure you as prize; \* Chapter 2 : the attribute of men who are prize; 1. 1. 1. Taking a Stronge lead. [Test of women to ywhether a man is sure of himself] 2. Having Standards. [1.manifest that women want to sleep with them, 2.show that if women fall off their standards,ruls,expectations,they wouldn't,men are arrogant,demanding,snobby] 3. Making her come to your worlds.[the quick and better way to show high value] 4. Making her accommodate you.[whether she likes,whether she loves etc.][Don't feel insecure ,they can sense that][let girls court,pursue,chase you] 5. Being challenging.[take a stronge lead,having standards,taking her into your worlds,keeping her toes,letting her accommodate you,] 6. Have a sense of humor.[Seriousness is the death of good prize] 7. Being vulnerability and weekness.[Don't be perfect] 8. Display costly signals.[show off] 9. Be comfortable with yourself.[Have five hot girl as your friend just to learn from them][Be comfortable with them] 10. Being a Dandy.[feminine sense of humor and style][got the view about nice details which only women can find] 11. Being a rake.[offer andventrue and danger signals][push and pulling skills][offers paradox to be unpredictable] 12. Being a conquette.[make them feel sadness,happiness,excitement,unpredictable,etc][it is about push and pulling] \* Homework: 1. Internalize these Attributes one by one, and keep a journal about how people react; 2. Put your insecurity aside,think about why girls treat you as the prize. 3. Observe how good men who are The Prize act on women. \* Chapter 3 : Attribute girls loath : 1. 1. 1. Men who seek women's validation ; [Instead, women love men who get more validation through other ways other than her] 2. Men who had a week sense of reality; [Instead, women love men who have standards, who has his own take on this world,who knows what is important for him,and has the guts to let other people know these above] \* \* \* Homework: 1. Figure out what these unprize attribute you have, and replace them with the positive one one by a week; 2. observe people around you,especially those men who are walked over by women,figure out their bad attribute; \* Chapter 4 : Beliefs: \* \* 1. I have the belief that i am better look than i actually am, I may not be as handsome and rich as some other people , but I know I can walk into one room and walk out with another man's girl friend; 2. The one above is a powerfull belief that precedence Prize women, the belief is conducive for prize women; 3. Stronge belief is the the ground of strong frames; 4. what you belive becomes your reality; [Example: When being asked about the red things in the room,the close your eyes,recall the red things,you can still remamber some, but as this time ,ask you to recall things that are in yellow.you can hardly remember any] 5. Nine Usefull beliefs for Prizing: 1. 1. A psychotic and unwavering belief: I am the prize ; 2. Women in the world is a beautifull crature that want both sex and please; 3. The belief that one knows a women's body better than she does; 4. Treat women's react as the something beneficial to learn, even if the negletive ones, which can make you prizibilitu skyrocket; 5. Whenever women tell you that they don't like your dress、 act、 or something else, it's their issue; 6. Whatever reaction she takes .she wants to sleep with you, what you need is to structure the right context to her; 7. You don't need her validation, yet she needs it; 8. Every women at some level wants to sleep with you , the point is , do they live up to the standard that you want them to; 9. You get to decide whether you both sleep together[whether it means you have to decide whether she is the one you want to sleep with; \* Homework 1. Rehearse these above twice a day out loud; When you wake up in the morning and ready for bed; treat them as the affirmations; \* Chapter 5: Frame and Meta- Frame : \* \* \* \* 1. One shouldn't be the pushover,that reword girls rude behavior; 2. Don't be the one that need her more than she did to you ; 3. Don't be the one that need girl to stay and talk with; 4. Frames,Meta-Frames,Underlying meaning of actions are not real,they just become real when you accept them as your subjective reality; \* Homework: 1. Go to a busy coffee room and observe who is the one that define the overall undelying meaning; \* Chapter 6: Meta-Frame \* \* 1. Set, maintain,controll the meta-Frame \* \* \* 1. Define the Meta-Frame[You are the prize, you both will sleep together only if she fit your standards] 2. Assume the Meta-Frame before you even talk to her:[you both will finally sleep together on condition that she live up to the standards of your validation and expectations] 3. The art of not choosing her; 1. 1. Human courtship define the exemplify and make women easy believe that men should persue women; 2. Women's nature fear about men:what they need is just sex, I don't deserve their endeavor and they would finally leave,I don't like costless,needy,desperate men; 3. Not choose women ,or tentativly choose and accept them;It would preempt her from not chooseing you; 4. Setting frames that implicated the meta-frame; examples below: 1. Framing some of her

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actions that indicate that she is not good enough for me ,or she can't handle me;[I may not go for her because she falls short of my standards]2. Framing that she is interested in me and somehow pursue me ,she wants to win me over,or sleep with me;3. Framing that her actions and behavior is little crazy[show her that her made you into her frame is not objective reality][inoculate that you are not willing to accept her frame][implicated that she lack class to set my statue of Prize]4. Accusing her of not living the life she wants,or she is envious of you;5. Letting a girl knows that she is creepy;6. Implicate that she is sleaze ball[I am not sure that she will live up to my standards and expectations]7. Framing that her behavior is rude and insensitive8. The key point is that Framing those above while keep them laugh;\* Homework:1. When interact with girls, write down the reactions of them and implicated one of our meta-Frame to them;2. At least once a week ,record the interaction with a girl and find where you loose controll of the meta-frame;PART 2 PrizabilityPre-reading:\* \* \* \* 1. Prizability including two sides: the ability to let women treat you as prize, and the extant they themselves believe you are the prize;2. Displaying VS Parading:1. 1. 1. women need men to parade, or brag their asset constantly ,to feel secure;2. Once parading all one's positive asset somehow makes women feel that they are trying to compensate for some shortcomings;3. Over parading implicated that you are tring to win over the women ;4. Displaying without Parading is a challenge task,and this is what this part is about;\* Chapter 7 : A few words on style:\* \* \* 1. Make women think you are in good looking;[It doesn't simply means that one should be in nice look ,but to find the look that works for you]1. \* Homework: Go to the website:www.rateyourself.com,put on different pictures over period,then get understand of what kind style of yours rate the highest score;\* Chapter 8 : How to meet women:[Which means the cold approach,meet a women you have never meet before]\* \* \* 1. Two parts of cold approaches of Cold approaches1. 1. Initiating:[Do not open a conversation but get a women's attention]1. 1. First meet should avoid asking women questions,just talk and make them ask the questions;2. Secondly ask the girl about their names means that you are interested in them, make them the prize;3. Don't call women beauty,which will make them feel they are the prize;4. Examples of initiator:\* [You hurt me]:When I am at a bar I have been known to stick out my elbow really far. This makes it likely that a girl will mistakenly graze my elbow.When this happens I say in a whiny voice: “ Ow, you hurt me ” . Usually they willstart laughing. Oncein a while you will get a slow one who will profusely apologize. In thiscase, I say: “ I hope you have a good lawyer because I am suing you ” .They usually willbust up laughing and say “ stop ” while lightly hitting you or pushing you. In thiscase you should follow up with: “ You are quite touchy, I think I am also going to have to sue you for sexual harassment ” . At this point they will be laughing really hard.\* [Did he call yet] : Which i think won't works well in China;2. Conversation opener:1. 1. \* Ask women about the opinion on sth:[The cheating roommate talk][The pug/beagle opinion]\* When talk with those people, which out for your behavior ;\* Chapter 9 : Cold reading:\* \* 1. Women love men know them better than themselves mentally and physically,it make them wet in their panties;2. Women likes to be think as special,But on the other hand ,they really share a couple of similarity;3. Some tricks about truisms and generalizations:1. \* Be vague: Most people find vague things more profound,[But things in details are easy to understand],they will automaticly fullfill the details themselves, albeit they think that you do;\* Be vague about her parts ,and sides;[behavior,looks,appears,feels,thinks]The formula is: You seems to be A, But actually you are B, because C;\* Use the body language reading;\* Have some canned meterial , but when pick on the specific women, observe them carefully;\* Cold reading is just a gimmick or a crutch, Use it sparingly,don't get obsessed with it;\* When women think you know them well, it's time to build rapport and prizability;\* \* \* Homework:Get a piece of paper about women have in common,Then rehearse them several time a day, when you are with a women ,obsevation are carefully made,then you will finally find there are some truism and generalities that the women have;\* Chapter 10 : Story telling:[It is the kind of story which is light, entertain,and full of girl humor] [Important tool to increase your prizability]\* \* 1. The beginning of the story told shouldn't be profoundly revealed,but shallow,light,Childish , moreover,you can tell more philosophical stories;2. The rythem and flow : 3. Transition: you remind me of sth [human's narcissistic and self-centried make them curious with what you think of them]4. Display instead of parading prizability5. 3 important ways of storytelling: remains, philosophical story, display without bragging;\* \* \* \* \* Homework: write down your own storys, use the similar structure and techniques;recording your speach and listen to it,then you can realise what needs to be improved;\* Chapter 11: Rapport\* \* 1. Rapport is a subset of Prizability;2. Do not trying to get rapport with women ,do sth that force them to get raport with you 3. Likes, Dislikes,personal traits,the same experience;4. Through cold



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reading to establish the commonality with her; [When a women have a strong sense about what she likes, ]5. Tell people what you like in life, relationship, and other people in general, your standards, your expectations, your rules you have with people in life; 6. you know her best than herself \* Chapter 12 : Open loops & take aways\* \* 1. hypnotic technique of fractionation: Get sb interested in sth, then take it away from her, then get her more interested by giving it back; 2. Unfinished loop, let someone get addicted in sth, then give an open loop to keep her interest exponentially rising; 3. “ commitment and consistency , when sb ask you a question, they are about to get interested in you; 4. something about them loop, 5. Do you have a nice travel? , No, where do you travel? Europe. I bet you are a daddy girl, tell sth about her vague. 7. i am busy now, why don't you tell me next time when we get together, these words build a strong desire for a women to tell; 8. Did'nt your mum teach you the maner. 9. Tell a girl there are three things that you look (or don't look) for in another girl. Only tell her two. When she asks for the third tell her she is impatient and that she needs patients. 10. Silent loop, when sb is telling you sth, don't put in any words, to let themself chasing you to understand them; 11. you are such a girl, then with a smirk, and turn away; \* Chapter 13: push and pulling; ( the art of sending mix signs) 1. 1. Every push gives you a space to pull back; the Pull was emotionally intense because there was a Push that preceded it. 2. So, to reiterate: it is not a full pull, just a partial pull. [show the possibility of being together, tentatively accept her, or validate part of her] 3. make men feel that we should be together and then accuse them of being too forward; 4. hint on men for more than friends relationship and when men ask for return, they deny anything that exists; 5. have sex with men then accuse them of forcing her to, and ask for sth in return; 6. Guilty conscience 1. 1. ‘ I hope you don't think there is anything between us. I wouldn't want it to hurt our friendship. ’ or ‘ slow down there turbo, we just met and you are already trying to ask me out, that's a little creepy ’ . 2. grab her really close to you like you are about to kiss her and then say, “ I hope you weren't trying to kiss me. You are like my little sister, and I am hoping that you are not trying to get all incest on me ” ... Then after she thinks you are serious, grab her close to you and kiss her. 3. Making them feel guilty about saying “ what ” 4. I love doing is talking about a really messed up situation in a really funny way. When a woman starts laughing, get really serious and start giving her a hard time about laughing at another person's misfortune—maybe saying something such as: “ you shouldn't be laughing; that could bring you bad Karma and could happen to you. ” Then when they think you are serious, say, “ It might be fucked up but I agree, it is fucking funny ” . 5. Let me give you an example of this. One thing I love to tease girls about is how they need to meet a nice man... on the Internet. Most of the time they will bust up laughing. I will retort with, in a serious tone, “ You shouldn't be laughing, it is very sad that you have to find a date on the Internet ” . Then, just at the point that they think I am serious—timing is everything—I bust up laughing and say, “ even though it is fucked up it is pretty funny that you have to find a date on the Internet. ” 7. Emotional roller coaster: to get women have deep feelings about sth, then show the opposite feelings about the things [push away], then pull back the feelings; 8. Reveal, and Conceal In Kierkegaard's book, The Seducer's Diary; 1. 1. reveal that you have a good understanding/ prizability for sth, occasionally, then, when she gives you a chance to parade it, do sth mundane to conceal it; 2. Guys, this is also a great example of how to DISPLAY PRIZABILITY without PARADING PRIZABILITY. 9. Good cop/ bad cop: tell a girl that she is bad, then get some infos that she is still ok at some sides; a woman asks you what you do for a living, just look at her kind of confused and say, “ No I am not the guy who used to work with you at McDonalds. 10. The undermining compliment: Let me give you guys an example of this that is hilarious. Today, this girl that I am seeing called me. I told her that I could not talk because I had to go somewhere. She asked me, “ where? ” and I shot back with, “ why do you want to know? ” She said, “ Because I care ” . So I told her where I was going. But then I said to her that because I told her where I was going she has to tell me where she is going. Right when she began to tell me I interrupted her and said, “ I don't really care, I just wanted to see if you would tell me. Then I said, “ No, I am just kidding, I really do want to know ” Then as she was about to tell me again, I said, “ You know what... I have heard enough ” . The entire time I had her in suspense about what I was going to do next and she was chasing me by trying to tell me something. This is an example of Pushing & Pulling at its best. 11. Undermining rapport : This is when you point out a commonality between you and a woman. You give her the impression that you and her are so similar that the two of you are going to be friends. Then you completely undermine this by suggesting that the thing you have in common is the exact reason why you and her would never get along. \* Chapter 14: Qualifying & Challenging\* \* 1. having rules

,expectations,standards let you distinguish from others;2. Qualifying & Challenging is one of the most powerful methods for getting women to buy into your meta-frame;3. In other words, when she meets my qualifications I pull her in. And then I push her away with higher qualifications. Notice that at most I am only tentatively accepting her, yet I never am slamming the door in her face completely. This is similar to Pushing & Pulling where you never want to fully Push her away from you, yet never want to fully Pull her into you.4. Number qualified: the range all your girl with numbers;\* Chapter 15 : The body language to Pushing & Pulling, Qualifying & Challenging, and setting frames\* \* 1. Remember to always stand tall, stick your chest out, in a relaxed way (the key is in a relaxed way), hold on to the eye contact with people a little longer than others;2. have their arms folded, and either their back or their head is turned away from the person they are talking to. 3. One of favorite ways to display this is to be non verbally Pushing by having my shoulders and head slightly turned away from her, having a suspicious look in my eyes suggesting that I am not so sure about her; all the while Pulling her into me by having a big friendly smile on my face.4. The homework lead to a very strong point to how to apply the tactics of body language;\* Chapter 16: Role-playing as a powerful tool for prizing: \* \* 1. One thing to keep in mind is that the unconscious mind cannot distinguish between what is real and what is make believe. 2. Two reasons why role-playing is so effective on women are that it gets rid of them feeling vulnerable, and even though it is make believe, it is as powerful as if it were real. \* Chapter 17: Types of chick tests \* \* 1. three attributes that she often intentionally tests for are: being the PRIZE, in control of the meta-frame, and able to take a strong lead : note: controlling the meta-frame and taking a strong lead are close cousins 2. Women have been known to do stuff, such as: get men to buy them drinks, try to make men jealous by flirting with other guys, ask men to hold something of theirs while they go to the bathroom, make men cancel their current plans to come see them, and purposely throwing temper tantrums to see if they can get their way. Sometimes really young or shallow women will go so far to tell a man that he is too bald or too fat or too young or too old or too poor for her. The sad thing is that most guys do not even realize that they are being tested 3. they either turn into ass kissing wimps, or get defensive and act insecure, or start having doubts about being the PRIZE. All of these are detrimental ways of handling intentional chick tests.4. Remember, controlling the meta-frame is about you being the one to define the underlying meaning of the interaction, not her. This is what taking a strong lead is all about. 5. a subtle, ingenious example of Unintentional test is , when a woman interrupts you. or such as, throw a temper tantrum, or try to make you jealous.6. Bullshit insecurities Another important case of this is falling victim to some women ' s bullshit insecurities. These range from preposterous things such as women getting angry that you don ' t call them every five minutes to them accusing you of flirting with every girl you come into contact with to them getting upset that you do not tell them that you love them every five seconds to them needing to know where you are at all times. One of the most common forms of bullshit insecurities are when women use conditionals: such as, ' If you really cared, then you would do/say this ' or ' If you really cared, then you wouldn ' t do/say that ' . Another form of bullshit insecurities is when a woman is incessantly fishing for validation. Have you ever had a woman keep asking if you thought she was fat or if she was as pretty as some other woman? Well, I know I have. I also now know that these were irrational bouts of a woman feeling insecure. 7. Prolonging the initial ' hook up ' can actually make the women judge you as being strong, sexy, and the sort of man she dreams about surrendering to.8. This is why when guys succumb to situations such as—girl trying to make him jealous, girl making him buy her lots of expensive things, girl trying to get him to chase her, and etc.—they often times lose the girl. 9. Three kind of judgements: Intentional test whether you are the prize; Intentional or unintentional judge whether you can take a strong lead , or keep the meta-frame; third is daily judgements;\* Chapter 18: Chick frames: \* \* 1. think often times women set these boundaries not to be malicious (and sometimes not because they don ' t like the guy), but as an attempt to avoid putting themselves in dangerous situations. they are usually thinking of putting themselves in a situation where they might end up doing something they might regret in the future.2. They are afraid of being judge as slut or promiscuous\* Chapter 19: Reframing chick tests & chick frames: \* \* 1. some amazing linguistic artistry called " reframing " to not only inoculate these tests and frames, but to also use these tests and frames as a way of getting women chasing you 2. What I am saying is that you never want to address a chick test or chick frame within the same frame. 3. it is only her subjective opinion. The moment that you address it directly, you are buying into it being objective reality. So, the first step is learning not address these chick tests and chick frames directly.4.

Fourthly, you need to set frames that imply our meta-frame. When we reframe, we are using these frames to replace the frame that the CHICK TEST or CHICK FRAME is attempting to set. These frames get us back on track and moving in the direction we need to go. 5. Accusing her of not really living the life that she wants to live (or accusing her of being envious of me). Both of these are great ways of implicating that I am the one who is the PRIZE. 6. Framing one or more of her actions, behaviors, or things about her as meaning that she is not good enough for me or cannot handle me; 7. Framing one or more of her actions as her being interested or trying to pursue me. 8. Framing one or more of her behaviors or actions as her being a little crazy. 9. Framing some of her behaviors, actions or things about her as meaning that she is a little creepy. 10. Framing some of her behaviors, actions, or things about her as meaning that she is a sleaze ball. 11. Framing her behaviors and actions as being rude or insensitive. 12. Let's look at the structure of a chick test. Most chick tests have a structure like this: some thing, action, or behavior X means Y. 1. 1. Redefine: The first is to redefine the behavior by assigning it a different meaning; 2. Redefine: Another type of redefine is to point out how their accusation more appropriately fits with a different behavior than the one you displayed. 3. Apply back to chick: 4. Then I will look down at the ground, sure enough, they will also look at the ground. Then I will say: "my eyes are up here (pointing to eyes) not down there (pointing to my crotch), please stop staring at my package you pervert". 5. If she says, "Are you trying to pick up on me" you could respond by saying, "is that your way of showing that you are interested in somebody or just your standard M.O. for picking up sexy men". 6. Also, I not only reframed her, I outframed her: meaning that I created a larger frame around the frame of her chick test. \* Chapter 20: Outframing chick tests and chick frames \* 1. Undesirable attributes framing: One is that you are outframing her chick test or frame by making it about her having an attribute you don't like. You are qualifying her, not the other way around. 2. Bad Intentions framing: we are outframing their chick test or chick frame by defining the underlying meaning of the chick test or chick frame as being about their bad intentions. 3. Use their test back on them in an even more absurd humorous way. 4. Turn around their chick test or frame by accusing them of subscribing to values or having attributes that are undesirable, and then challenging them to refute your accusation. 5. Consequence framing This is the art of outframing their chick test or chick frame in virtue of assigning a consequence to it. [obvious bad consequence] \* Chapter 21: How to turn an innocent conversation into a one-night stand: sums up of all the techques above;

2、首先提供个信息,很多人想看,不知道在哪购买. 这七本顶级泡妞书籍可以在 pua男人约会课程网购买 <http://www.puake.com/books>, 或直接去 <http://item.taobao.com/item.htm?id=19898407936> 拍即可. 联系客服qq:399906796 接下来是评论,目录,和为什么推荐这7本 作为把妹界7大大经典之一的《现实世界的诱惑术》,是一本非常实用、非常体系化的把妹教材。这本书的面世,迅速使Swinggcat成为一颗耀眼的PUA明星。Swinggcat,也就是摇摆猫,原先是Rose Jeffery手下的,后来又转学David DeAngelo的骄傲风趣。David DeAngelo就是上面介绍的&lt;约会倍增术&gt;的作者,Swinggcat在电视节目《淘汰约会》(Elimidate)中击败了其他的追求者而获胜,捍卫了PUA社区的名声。后来型男还说,Swinggcat有一次成功在一个小时之内把一个前来推销杂志的19岁女孩弄亲密,当时他穿着脏兮兮的毛衣,而且最后也没买那杂志..... 最近几年,我看到过很多关于提升男人在女性面前魅力的书籍,或是语音资料,培训班。诚然,这些书籍或语音教程会对你有帮助。但大部分这样的书籍,却培养出你错误的框架(很快,我会告诉你们真正把妹的框架是什么和这种框架的重要性。这本书与众不同,它不仅告诉你如何把妹,它更教会你如何成为女人的奖品,让美女来追逐你。成为女人的奖品,让她们反过来追你,而不是仅仅和她们上床,不要那显得麽初级。(如果你的目标就是和女人上床,那麽我建议你去趟泰国,那裡有成批的妓女)。OK,如果你认同我,你所想要的不仅仅是和女人上床,而更希望掌握让美女视你为奖品而追你的技巧,那麽请看完此书。我相信本书的部分读者也看过其他约会大师提到关于成为女人的奖品的重要性。问题就是大多数约会大师只教会了这个游戏的规则--女人是你的猎物,而你作为猎人要想尽方法去诱捕这个奖品(美女们)。他们对游戏的定义就暗示了,男人需要去追求,最终赢得美女的认同。试图去赢得女人,就暗示了女人是你的奖品。如果你抱着女人是你游戏的奖励的态度去把妹,你怎麽可能成为女人眼中的奖品?显然不可能。那麽答桉是什麼?停止那种追求的游戏,而让女人来追求你--你是她们的奖品。我说的奖品是指在情感上彻底让女人拜服于你,她不得不开始她的游戏规则,来追求你。简单的说,这就是这本书将要讲授的内容。OK,我们开始吧! &lt;现实世界诱惑术&gt;目录第一部分:成为奖品第一章:我的故事第二章:成为奖品的特质第三章:女人不喜欢的特质第四章:信念第五章:框架与超框架(META-FRAME)第六章:控制超框架第二部分:

奖品性 (PRIZABILITY) 第七章：关于形象第八章：如何搭讪第九章：冷读第十章：讲故事第十一章：亲和感第三部分：奖品追逐 (PRIZING) (诱惑的艺术) 第十二章：开放式圈套与切断兴趣 (OPEN LOOPS & TAKE AWAYS)：第十三章：推拉技巧 (暧昧的艺术) 第十四章：筛选与测试 (QUALIFYING & CHALLENGING) 第十五章：推拉、筛选与测试、建立框架中的身体语言第十六章：角色扮演，奖品追逐中的有力工具第四部分：女人的测试与框架第十七章：女人的几种测试第十八章：女人的框架第十九章：重构女人的测试与框架 (REFRAMING) 第二十章：外构女人的测试和框架 (OUTFRAMING) 第五部分：综合实战第二十一章：如何把一次平常的搭讪变为一夜情 为什么推荐这7本书籍？因为这是学员和培训老师之间的区别！国内做泡妞培训的老师的知识都来源于此，你要听故事，可以听那些音频视频的。你要真正的学习方法技巧改变自己，就这几本。很多人在学习追女约会把妹中挣扎，很多时候，你只知道怎么用一个技巧，怎么跟女孩说一句话，但是你不明白为什么要这么做，为什么要这么说，女孩才会被你吸引？在我们的网站上面，提出最多的问题是，当女孩那么回答我的时候，我该怎么说？语言千变万化，即使我告诉你这次怎么说，下次呢？如果你只学到技巧，不明白背后的原理，那么你永远停留在这种学习的初级阶段没法前进。而那些大家羡慕的大师们，他们不仅仅知道怎么做，更重要的是知道为什么要这么做。所以他们在女人中更游刃有余。而下面这些书籍，高手们都了解，都在内部流传，只是不明说。国内一位做培训的把妹高手说了一句大实话：其实所有国内的把妹理论来源于“谜男方法”。对于这句话，我赞同大部分，我更愿意说来自于下面7本书籍。毕竟有的书籍风格跟谜男方法不一样，比如“杂耍人方法”，这7本书籍是我最推荐的把妹书籍。希望对你有帮助

3、 (观察力) ----冷读 -----如何确认需求感 -----如何确立谈判格局  
-----如何看清楚真假客户 -----如何看出对方最在乎的事 -----如何神化你所看出事情  
KEN学泰拳的时候，很怕看到别人的拳头，开始，就算别人没打中，就做出拳的动作，我也会双手护头。那时候，我的泰拳老师跟我说了一句话，把手放下来，就算你被打死了，也知道自己是怎么样死的。观察力，是NLP课程的基础，通过课程，你会发现，自己看见常人看不见的东西。NLP是一门70%观察，30%介入的科学，别人说的，不一定是对的。但你通过课程后，你跟别人沟通，你除了听得到他在说什么，还会看得到，他说的时候做什么。  
(肢体语言) ----眉毛 ----鼻子 ----眼神 ----身体，手势等肢体运用 为什么同一句话，同一个事实，从不同的人口中说出来，效果总不一样？为什么有的人，说上一大堆，但没有人听他的，为什么有的人，一句话，能让人奉为经典。在课程上，我会教你们，说什么之外，还会做什么。 (亲和力) -----谈判开场的亲和力 -----中段的亲和力 -----如何让成交时候又亲和力 -----男女初识时候亲和力 -----男女约会时候的亲和力 不同的人，给人的感觉永远是不同。为什么有的人，和每个人都容易打得火热，但有的人，却总给人一种冷冷的感觉，令人不敢接近。NLP课程，会让有各种方法，让你在与别人一见面之后，几分钟内让人觉得你这个人和他很有默契，无论在销售成交，沟通，还是男女关系上、 (同步，引导) -----如何消除客户投诉与建议 -----如何让客户从反对到认同 -----如何让女朋友接受你的价值观  
-----如何让自己成为行业的专家 为什么，我说的东西，别人总听不进？为什么我的产品再好，总是没有客户成交？你有再好的产品，再好的服务，没有人听你说话，也是英雄无用武之地。同步，引导，能够让对方立刻放下防备心，倾听你所说，理解你所想。而曾经有学员用这个技术令到他女朋友的姘头不举。这是课程其中一个皇牌招式。 心锚 -----对客户情绪的控制 (包括好坏情绪) -----对自己情绪的控制 (包括好坏情绪) -----对男女关系性张力的掌握 NLP最高段，坊间最神化，平常人理解最复杂的技术，也是NLP课程其中以个皇牌技术之一，能控制别人情绪，经过我们大量实践，以最简单形式展现你眼前，无论你有没有NLP基础，我能保证你100%理解并运用。而且没有形式性的限制。而我NLP独创的心锚，有的是无需引发，自动启动。 (价值观引出) -----客户投诉重点的引出  
-----客户对产品要求重点的引出 -----男女关系对伴侣所具备的性别的引出  
沟通深层次技术，让你在了解客户需求，投诉，或者是打探竞争对手的优势的时候。不会被一句话忽悠。就像男人问女人，你喜欢什么样的男生，答：“合眼缘的”，价值观引出法，能让她把这个合眼缘的标准一一罗列出来 (有稳定工作，父母不是外省，可以不帅气但要干净) 让你不会在谈判上，或者情爱上被忽悠。 (故事影响法) 做第1个你，不做第2个谁，每个人都有很多的光辉历史，很多的曾经，这些曾经或者是开心的，或者是伤痛的。一个一个的

## 《現實世界的誘惑術(繁體版)》

故事，拼出了你的人生。通过故事，你能让你的客户对你的产品产生情意结。对你的人产生情意结。还可以在他人做决定的时候，用一个故事去影响他所做的一切，你要左，他不能向右。通过以上的技术 你想主宰游戏，还是被游戏主宰你？详细咨询QQ712972722

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## 章节试读

### 1、《現實世界的誘惑術(繁體版)》的笔记-全书

成为奖品的特质：

有强大的控制力  
有高标准  
让她进入你的生活  
让她来适应你  
让她感受到挑战  
有幽默感  
展示一些弱点  
展现高价值信号  
在美女身边你感到自在  
表现出你的阴柔一面  
学会浪荡不羁  
会制造情感波动

女人不喜欢的特质：

寻求女人肯定的男人  
没有自己信念的男人

信念从两个方面来看是非常重要的。第一，它是强框架的基础。第二，你所相信的往往会变成你所拥有的。

成为奖品的重要信念：

- 1.自己就是女人眼中的奖品。
- 2.女人是奇妙的动物，女人喜欢做爱，期待自己能讨人喜欢。
- 3.比女人自己更了解女人，相信女人的身体比她们的头脑更了解自己。
- 4.无论女人对你的反映是什么，你都可以从中受益。
- 5.无论女人告诉你，她不喜欢关于你的什么事，或者你的什么行为，这都是她的原因，而不是你的。  
(适用于你刚认识一个女人时)
- 6.无论她现在的反应是什么(或者她现在的状态是什么)，她都会是想和你在一起的(或者说想和你上床)。你所需要做的，只是完成中间的过程，来让这个结果发生。
- 7.你不需要得到她的认可，相反她却试图得到你的认可。
- 8.每个女人都会在某种程度上需要你。问题只是：你需要她们吗？她们可以达到你的标准和期望吗？
- 9.既然是她在追逐你——试图赢取你——你就需要选择你是否想和她上床。

框架指的是人和人的互动交流中引导你的思维和行为的信念系统或意识形态。用不专业的定义来说，框架就是指你的每一个行为背后的潜在含义。而超框架指的是在交流中两个人的所有行为背后的潜在含义。可以简单地认为超框架是落入它的所有框架的总和，它包含了所有符合它的小框架。

控制超框架

第一步：定义超框架

你是女人的奖品

她在尝试让你喜欢她，或者试图赢取你——无论是勾引你还是试图获得你的认可肯定

她很希望你愿意和她上床

只有当她达到你的期望和标准时，你才会愿意和她上床

第二步：提前假定超框架

第三步：不要追她

## 《現實世界的誘惑術(繁體版)》

第四步：在超框架下建立框架

1. 认定她的某些行为或事情做的不够好，配不上我（这暗示着我是奖品，我不会对她有兴趣因为她没有达到我的标准和期望）
2. 认定她的某些行为是因为对我有兴趣或者追我（这暗示着我是奖品，她试图赢取我，因为她想和我上床等等）
3. 认定她的一些行为是奇怪的，不合理的（当女人试图挑战你的框架，试图让你落入她的框架时，你可以把她所说的认为奇怪、不合理。这样可以保持你的框架，让她知道你不会落入她的框架）。
4. 认定她没有自己的生活风格（或者说她嫉妒我的生活风格）。这两者都会暗示，我是奖品。

奖品性包括两个方面，一是男人让女人把他视作奖品的能力，二是女人把他视作奖品的结果。

冷读是在完全不了解对方的情况下对别人进行心理推测。冷读时需要尽量模糊你的语言。模糊的一种好的方式就是只谈她的一部分或一个侧面，利用人的矛盾性。例如：你可以说：“你看起来纯真无邪，但你的另一部分却很复杂。”记住给出你冷读的原因。一些工具可以帮助你冷读，但最好不借助任何工具来冷读。

讲故事需把握节奏和高潮。讲故事的另一个重要技巧就是过渡。“你让我想起了...”告诉女人，她让你想起了某人或某事，然后开始你的故事。利用观点过渡。讲故事的时候一定要记住，你是在展示奖品性而非夸耀自己。

建立亲和感的方法：共性，分享经历，通过冷读找出共性，让她向你的标准努力

奖品追逐：

1. 开放式圈套：在对话中包括没有说明完全的想法、故事、情绪或者感觉。
2. 推拉技巧：推，是指把女人从你身边推开，让她难过；拉是把女人拉向你，让她开心。推和拉同等重要。通常情况下，你通过推制造的距离越大，当你把她拉回来时，她情绪上舒适感就越强烈。推和拉是紧密结合的，所有的拉中都有20%推的因素，而所有的推中都有20%拉的因素。

拉：

- (1) 暗示可能会对她的认可或肯定（暗示你可能选择她）——赞美
- (2) 暂时接受或者认可她（暂时选择她）——奉承
- (3) 从一方面认可或肯定她（从一方面选择她）——表扬

推：不是让你挖苦女孩，或者拒绝她

- (1) 暗示可能不会接受她
- (2) 暂时拒绝或者不接受她
- (3) 从一方面或者一些行为，拒绝或不接受她

推拉的技巧：后悔感，情感过山车，显示与隐藏，好警察/坏警察，故意推翻。

筛选与测试前的准备：

- 第一：相信你是奖品有
- 第二：有足够的奖品性
- 第三：有自己的标准、期望和原则

在推拉、筛选与测试、建立框架的交流中，你用的台词是一部分，你的身体语言也同等重要。

角色扮演是指，在建立某种场景后大家去扮演其中的角色。角色扮演有效的两个原因是，它避免了尴尬；第二，虽然角色扮演是虚拟的，但它引起的情感是真实的。

女人的测试主要有以下几类：

## 《現實世界的誘惑術(繁體版)》

1. 女人故意有些事，通过你对这件事的回应来测试你。她们测试的内容是——尤其是你刚认识这个女人时——你是否够格成为她的奖品，你能否控制住超框架，你是否有控制力。
  2. 女人无意有些事，通过你对这件事的回应来测试你。这种类型的测试包括她们无意打断你的讲话，做一些事来引起你的注意，因为自己的不安全感而向你抱怨。容忍她们的这些做法，会让你无法通过她们的测试。
  3. 女人通过你做的或者说的一些事来测试你。你做的任何事情都会引起女人对你的评判；如果你处事不妥，你就会失去她。
- 另一点要提醒的是，即使女人成了你的女朋友，她也会无时无刻地测试和评判你。

女人拒绝和男人出去玩或者上床，并不是因为她们不喜欢这个男人，也不是因为她们在测试这个男人，而只是因为她们害怕自己经不住诱惑和男人上床而事后反悔，因此她们用拒绝来把自己圈起来。女人这么做，并不是因为她们不喜欢做爱，而是因为对她们来说，放荡带来的社会后果会严重的多。

### 重构女人的测试与框架

需要牢记的一点是，绝对不要直接回应女人的测试或框架。

重定义：指出你的行为——或者你们之间的交流——的含义，和她在测试或框架中提出的含义不同；把她们对你某个行为的指责迁移到另一种你没有做过但更符合她们的指责的行为上去；反转测试，把女人的框架或者测试拿来，反转之后再用它去测试女人。

外构女人的测试和框架：建立一个更大的框架来包含女人的测试或框架。

外构的方法：误导意图的外构，捏造缺点的外构，延伸结果的外构。



# 《現實世界的誘惑術(繁體版)》

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