《Go Sail (精装)》

图书基本信息

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内容概要

This title helps you get on the fast track to the world of sailing. Clear step-by-step instructions from the book are visually reinforced on the 30-minute DVD using 360-degree live-action footage and eye-catching freeze-frame graphics. This is the only book and DVD series of it's kind to show you every aspect of sailing from launching the boat to recovering from a capsize. "Go Sail" will have you out on the ocean steering a boat in no time!

length: (cm)19.4 width:(cm)16

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