

《美国各国移民食谱大全》

图书基本信息

书名：《美国各国移民食谱大全》

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内容概要

在线阅读本书

"In this book, I'm embarking on a different path, focusing on finding recipes that preserve the tastes and memories of a long-departed place."

— Greg Patent *A Baker's Odyssey* is a rich collection of recipes and culinary history, all gleaned from Patent's exhaustive research in the American home kitchens of immigrants from around the world. Through his travels across the country, Patent learned the secrets to traditional baked goods originating from thirty-two different nations. From Scotland and Austria to India and Thailand to Mexico, Norway, and West Africa, the recipes represent the best of each culture's beloved culinary traditions. Chapters are organized by categories of baked goods, and include Fried Pastries and Doughs, Flatbreads and More, Savory Pastries, Sweet Pastries, Savory Yeast Breads and Pies, Sweet Yeast Breads, Cookies and Cookie-Like Pastries, and Dessert Cakes, Tortes, and Pies. Patent provides detailed information on the origin of each recipe and its ingredients, and gives a real sense of the cultural heritage behind each dish. Recipes are easy enough for home cooks of any level to master, and include everything from Jewish Matzoh, Eastern European Rugelach, and Sweet Irish Soda Bread to Russian Meat Piroshki, Italian Pignoli Cookies, and Chinese-Style Almond Sponge Cake. The book is accompanied by an hour-long DVD in which Patent provides hands-on instruction in making Strudel, Pretzels, Cannoli, Krasakake, and much more.

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书籍目录

Acknowledgments The Bakers and Their Contributions Introduction Ingredients Equipment 1 Fried Sweet Pastries and Doughs Calas Fattigman Lebanese Fried Dough Chin Chin Zeppole Puff Puff Strufoli Paczki Cannoli Casatelli Bufielos Anise Sfinci Sfinci di Ricotta Koeksisters Malasadas Thai Fried Bananas² Flatbreads and More Matzoh Lebanese Pita Lefse Jian Bing South African Crumpets Flour Tortillas Chapati Puran Poori Kachauri Noreen Kinney's Irish Soda Bread Sweet Irish Soda Bread (Spotted Dick or Spotted Dog)³ Savory Pastries Savory Pastries Cabbage Strudel Potato Porcini Strudel Cheese Sambouseks Chicken and Potato Sambouseks Granny's Kahk (Savory Bracelets) Empadas Samosas Cucumber Raita Shrimp Rissois Cheese and Potato Pierogi Traditional Cornish Pasties Thai Shrimp and Bean Sprout Fritters Thai Chili Sauce Flaky Turkish Feta Turnovers (Puaqa)⁴ Sweet Pastries Date Babas Kolacky Szarlotka Baklawa Apple Strudel Pumpkin Empanadas Folhados Puff Pastry Squares with Lemon Buttercream Pastels de Nata Polish Poppy Seed Pastry Mazariner German Plum Cake Welsh Griddle Cakes Rugelach⁵ Savory Yeast Breads and Pies 6 Sweet Yeast Breads 7 Cookies 8 Cakes, Tortes, Pies, and Other Desserts 9 Basic Recipes Index of Recipes by Country or Region Index of Mail Order Sources by Company Index of Mail Order Sources by Specialty Ingredient Bibliography Index

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精彩短评

1、全是配方,图片非常少,不过质量不错!只是配方写得还不够具体,没有各种原料的重量,只能看,操作起来还是太困难了!DVD盘演示的是一些小儿科的东西,是不是作者不想把绝活外露啊?

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