

# 《Mediterranean Kitcher》

## 图书基本信息

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## 内容概要

This is an essential reference guide for anyone passionate about Mediterranean food. It answers all the questions you may have about ingredients from countries such as Greece, Turkey, Spain, Italy, and France. It covers what they look like, how to prepare them and what to do with them. Its beautiful photography will inspire you to experiment with familiar flavours and try those which are more exotic. This is a comprehensive A to Z of those ingredients common to this beautiful region on the edge of the sea.

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