

# 《英语晨读精华》

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# 《英语晨读精华》

## 内容概要

本书适合高中学生、在校大学生和中等程度英语学习者晨读及平时阅读之用。书中精选热门话题，哲思小品和名篇名段近60篇，既有趣好玩，又感人益智、开拓视野，符合年轻读者兴趣。此外书中还特地编入了4个专栏，将英语表达技能的说和写融入其中，帮助学生提高英语综合表达能力。

# 《英语晨读精华》

## 精彩短评

- 1、每天读一读，找找说英语的感觉。有所得。但是里面文章的选材有的不太喜欢
- 2、很初级，比较适合英语初学者。

## 章节试读

### 1、《英语晨读精华》的笔记-第58页

Learning intelligibly is one of the characteristics that distinguish humans from other animals. In other words, learning spontaneously is one of man's unique traits. Throughout the history, human have even learned acculturation, handing down their cultural heritages from generation to generation. Therefore, we can conclude that all forms of learning, inclusive of the acquisition of skill, the shaping of views, the absorption of knowledge, take a very essential part in the course of human civilization.

Once learning stops, vegetation arises. To each of us, the process of learning may be full of frustrations and boredom, yet the fruit is often sweet and satisfactory. In terms of learning, I am convinced that it's better late than never. In this knowledge explosion era, in particular, no one should withstand the trend and concept of lifelong learning. The more efforts we make to learn, the more we can keep life, nature and the universe in perspective. Learning is the surest way to eternal joy.

### 2、《英语晨读精华》的笔记-第123页

Most of us, however, take life for granted. We know that one day we must die, but usually we picture that day as far in the future. When we are in buoyant health, death is all but unimaginable. We seldom think of it. The days stretch out in an endless vista. So we go about our petty tasks, hardly aware of our listless attitude toward life.

...

I have often thought it would be a blessing if each human being were stricken blind and deaf for a few days at some time during his early adult life. Darkness would make him more appreciative of sight; silence would teach him the joys of sound. Now and then I have tested my seeing friends to discover what they see. Recently I was visited by a very good friend who had just returned from a long walk in the woods, and I asked her what she had observed.

"Nothing in particular," she replied. I might have been incredulous had I not been accustomed to such replies, for long ago I became convinced that the seeing see little.

How was it possible, I asked myself, to walk for an hour through the woods and see nothing worthy of note? I who cannot see find hundreds of things to interest me through mere touch. I feel the delicate symmetry of a leaf. I pass my hands lovingly about the smooth skin of a silver birch, or the rough, shaggy bark of a pine. In the spring I touch the branches of trees hopefully in search of a bud the first sign of awakening Nature after her winter's sleep. I feel the delightful, velvety texture of a flower, and discover its remarkable convolutions; and something of the miracle of Nature is revealed to me. Occasionally, if I am very fortunate, I place my hand gently on a small tree and feel the happy quiver of a bird in full song. I am delighted to have the cool waters of a brook rush through my open finger. To me a lush carpet of pine needles or spongy grass is more welcome than the most luxurious Persian rug. To me the pageant of seasons is a thrilling and unending drama, the action of which streams through my finger tips.

### 3、《英语晨读精华》的笔记-第99页

创造新词(较少)

geek 怪人, 网虫

元音或形式变化

英俚 oday dough

英俚 (倒读隐语 "backslang") yob 变化自 "boy", 指游手好闲且令人讨厌的人; kool toul

"look out" 留神

fab ú "fabulous" 难以置信的

缩写

hiddy ( hideous) 耸人听闻的  
def (really cool, definitely) 明确地  
sitch for “ situation ” 情形  
deets for “ details ” 详细资料  
bringit for “ bring it on ” 引起

## 组合

dimbo dumb/dim bimbo 又笨又坏的女人

## 复合

goofball ( 搞笑的 ) 傻瓜 , ( 骂人话 ) 笨猪  
airhead 笨蛋  
sleezebag 穿得脏且破的流浪汉  
hobag ( 网络用语 ) 恐龙 , 坏女人

## 词缀

后缀suffixes

-ski brewski “ beer ” 啤酒 ( brew意为 “ 酿造 ” )  
-ie hottie “ hot water bottle ” 热水瓶  
-o wacko, weirdo 发疯的  
-rama, -o-rama “ very, totally ” 非常 , 完全 , 如 : The food at my dorm is grossorama.  
That guy is a babeorama.

前缀prefixes

mega lots 很多的

He ' s got megabucks.

I ' m mega-tired.

Mc- from McDonalds: “ something cheap, mass produced, inferior quality ” —as in McPaper 斯坦福大学学生创造的 : Mc-University

插入词缀infix

## 英语晨读精华

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在英语单词之间插入感叹词: kanga-bloody-roo, Phila-friggin-delphia, kinder-goddamn-garten

## 取首字母

SNAG “ nice guy (like someone on ‘ thirtysomething ’ who is able to cry and takes his dates to trendy restaurants), Sensitive New-Age Guy ” 新好男人 , 敏感的新式男人

SNAFU—Situation Normal All Fucked Up 天翻地覆

## 借词

haole “ white person ” Hawai ' ian 白人

nark/narc “ police informer ” Romany nak “ nose ” 线人

mush “ face ” Romany moosh “ man ” 脸

putz “ around ” Yiddish “ penis ” 到处

bob Spanish baboso meaning “ stupid or dumb ” 又蠢又笨 What a Bob.

a-da-li stupid 愚蠢的

## 委婉和隐喻

clapping for credit (name of easy class) 有闲阶层

worshipping the porcelin goddess (vomit) 呕吐

## 拟声

gak (Lemonjuice and water drink the Cal band drinks during break)

zerbert (to blow on one ' s stomach with the lips to make a funny noise)

## 旧词翻新

fresh “ novel, good ” 新奇的 , 好

bad = “ good, ” badass, kickass = “ very good ” (opposites) 好 , 很好

thick “ curvy ” 苗条

转换词性 :

He ' s so adonis ( ... ) ! 帅

He ' s a burn out (from burned out) 筋疲力竭的人

grub (on) v. n. (I was grubbin on some pizza.) 吃 , 食用

双关

Babylon (or beybilan) — “ place where babes (pretty women) come from ” 富庶之地/奢华淫靡之所 (从 “ 巴比伦 ” 一词来)

brewhaha “ can of beer ” (short forms = brewha, haha, ha) brouhaha, “ uproar ” 一罐

啤酒/嘈杂

暗语

Magoo — person driving car slowly 慢慢开车的人

McFly — person with no intelligence 不聪明的人

#### 4、《英语晨读精华》的笔记-第22页

People call this ECHO, but really this is LIFE. It gives you back everything you say or do. Our life is simply a reflection of our actions. If you want more love in the world, create more love in your heart. If you want more competence in your team, improve your competence. This relationship applies to everything, in all aspects of life; Life will give you back everything you have given to it. YOUR LIFE IS NOT A COINCIDENCE. IT ' S A REFLECTION OF YOU!

#### 5、《英语晨读精华》的笔记-第20页

Youth is not a time of life; it is a state of mind; it is not a matter of rosy cheeks, red lips and supple knees; it is a matter of the will, a quality of the imagination, a vigor of the emotions; it is the freshness of the deep springs of life. 它是人生春色深处的一缕清新。

Youth means a temperamental predominance of courage over timidity of the appetite, for adventure over the love of ease. 年轻意味着气质非凡 , 敢想敢干 , 超越欲望的怯懦 , 甘愿放弃对舒适生活的爱恋 , 出外闯荡 。 This often exists in a man of sixty more than a boy of twenty. Nobody grows old merely by a number of years. We grow old by deserting our ideals. 理想丢弃, 方堕暮年。

Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul. Worry, fear, self-distrust bows the heart and turns the spirit back to dust.

Whether sixty or sixteen, there is in every being ' s heart the lure of wonder, the unfailing child-like appetite of what ' s next, and the joy of the game of living. In the center of your heart and my heart there is a wireless station; so long as it receives messages of beauty, hope, cheer, courage and power from men and from the infinite, so long are you young.

When the aerials are down, and your spirit is covered with snows of cynicism and the ice of pessimism, then you are grown old, even at twenty, but as long as your aerials are up, to catch the waves of optimism, there is hope you may die young at eighty.

倘若你收起天线 , 你的心灵就会蒙上玩世不恭霜雪和悲观厌世的冰凌 , 即使你年方20 , 你已垂垂老矣 ;

—— Samuel Ullman

6、《英语晨读精华》的笔记-第21页

and can bear to have my morsel of bread snatched from my lips, and my drop of living water dashed from my cup?能够容忍别人把一口面包从我嘴里抢走，把一滴生命之水从我杯子里泼掉？

7、《英语晨读精华》的笔记-第17页

Time is what you make of it. (Swatch)

天长地久。（斯沃奇手表）

Make yourself heard. (Ericsson)

理解就是沟通。（爱立信）

Start ahead. (Rejoice)

成功之路，从头开始。（飘柔）

A diamond lasts forever. (De Bierres)

钻石恒久远，一颗永流传。（戴比尔斯）

Connecting People.(Nokia)

科技以人为本。（诺基亚）

Let's make things better.(Philips)

让我们做得更好。（飞利浦）

Mosquito Bye Bye Bye.(RADAR)

蚊子杀杀杀。（雷达牌驱虫剂）

Good to the last drop. (Maxwell)

滴滴香浓，意犹未尽（麦斯威尔咖啡）

Obey your thirst .

服从你的渴望。（雪碧）

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Things go better with Coca-Cola. (Coca-Cola).

饮可口可乐，万事如意。（可口可乐）

The choice of a new generation.

新一代的选择。（百事可乐）

Take time to indulge .

尽情享受吧！（雀巢冰激凌）

The taste is great.

味道好极了。（雀巢咖啡）

To me , the past is black and white , but the future is always color .

对我而言，过去平淡无奇；而未来，却是绚烂缤纷。（轩尼诗酒）

Just do it.

只管去做。（耐克运动鞋）

Feel the new space.

感受新境界。（三星电子）

Intelligence everywhere.

智慧演绎，无处不在。（摩托罗拉手机）

Let ' s make things better. (Philips)

让我们做得更好。（飞利浦电子）

No business too small, no problem too big.

没有不做的小生意，没有解决不了的大问题。（IBM公司）

8、《英语晨读精华》的笔记-第91页

Every age has its music. Jazz was once king. Rock had its day. Now rap is in the house, and the party is just getting started.



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