

# 《四种材料一个菜 Just 4 Thi》

## 图书基本信息

书名：《四种材料一个菜 Just 4 Things》

13位ISBN编号：9781405487801

10位ISBN编号：1405487801

出版时间：2007-1

出版社：Parragon

作者：Not Available (NA)

页数：176

版权说明：本站所提供下载的PDF图书仅提供预览和简介以及在线试读，请支持正版图书。

更多资源请访问：[www.tushu000.com](http://www.tushu000.com)

# 《四种材料一个菜 Just 4 Thi》

## 内容概要

For everyday eating, nothing beats home-cooking for flavor, variety, and nutrition, but the demands of modern living mean that it isn't always easy to find the time to shop for, prepare, cook, and even clean up after a home-cooked meal. Preparing delicious, healthy dishes doesn't have to be a time-consuming chore, however, as Just 4 Things proves. Using just four ingredients, the recipes in this book provide an exciting variety of great-tasting dishes you can create quickly and easily. They range from great midweek family suppers to quick after-school snacks and light lunches, and from hearty stews, roasts, and bakes to impressively elegant dinner party dishes. Beautifully illustrated with full-color photography, all the recipes in this book are written in easy-to-follow, step-by-step instructions, and are simple to prepare. So get cooking and see how easy it is to cook with Just 4 Things.

# 《四种材料一个菜 Just 4 Thi》

## 书籍目录

IntroductionSoups,Appetizers & SnacksFish&SeafoodMeat & PoultryVegetables & Vegetarian  
DishesDessertsIndex

## 《四种材料一个菜 Just 4 Thi》

### 版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:[www.tushu000.com](http://www.tushu000.com)