#### 图书基本信息

书名:《求职与跳槽指南Job Hunting and Career Change All-In-One For Dummies》

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#### 内容概要

#### 在线阅读本书

Includes expert advice on changing direction in your career

Get out of the rut and into your dream job

This hands-on guide takes you through every aspect of finding and securing the job you want. From searching for vacancies through to preparing for the interview and making a strong impression, this book has it covered. Key personal development techniques, such as Neuro-Iinguistic Programming, are featured alongside specific job-hunting advice, helping you to develop a winning mindset and foster skills to take with you into your new career.

Discover how to:

Find the job that's right for you

Write a knockout CV and cover letter

Prepare for the interview

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Give a great presentation

Build your confidence and develop a successful outlook

#### 书籍目录

IntroductionBook I: Plotting a Course: your Job And Career Plans .. Chapter 1: Assessing Career and Work.. Chapter 2: Getting Motivated. Chapter 3: Demonstrating Confidence in the Workplace Chapter 4: Asking Yourself the Right QuestionsBook II: Showcasing yourself with a StandOut CV. Chapter 1: CVs and the Changing World of Recruitment Chapter 2: Getting Your CV Out There Chapter 3: Choosing the Right Format Chapter 4: Contents that Make a Difference Chapter 5: Winning with Words Chapter 6: Overcoming Deadly Dilemmas Chapter 7: Moving from Worksheets to Your Finished CV Chapter 8: A Sampling of StandOut CVsBook III: Succeeding at Interviews Chapter 1: Understanding What Interviewers Want Chapter 2: Polishing Your Performance Chapter 3: Preparing Great Questions Chapter 4: Talking about Yourself and Others.. Chapter 5: Getting to Grips with Questions about Your Work Chapter 6: Talking about Why You Want a New Job Chapter 7: Thriving Under the Pressure Interview Chapter 8: Handling Hypothetical and Analytical Questions Chapter 9: Succeeding at Competency-Based Interviewing Chapter 10: Taking Control in Unusual Situations

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