

# 《爱情美食》

## 图书基本信息

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## 内容概要

Preparing and cooking delicious, irresistible dishes is an art, but that doesn't mean it has to be difficult. Each book in this series is beautifully illustrated and presented to help you make the perfect dish every time. Chicken is one of the unsung heroes of our daily diet. It is healthy, easy to cook and wonderfully versatile. Chicken has amazing appeal and can be adapted to a multitude of flavours, cuisines and seasons. From pasta and casseroles to roasts and curries, good-quality chicken really is the linchpin of wholesome, healthy eating. Chicken Dishes provides easy-to-follow recipes, fabulous colour photography and essential information on cooking and preparing chicken safely. Whether you are a learner cook or budding chef, this book will show you how to use chicken to its full potential.

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## 书籍目录

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